

♥ CELEBRATION JOURNEY

Includes Rest Period & Soft Drink/Fruit Juice & First Session Hydro Pool entrance.

| | | | |
|---|---------|--------------------------|---------------|
| Sauna | | | |
| Herbal Tub | | | |
| Swedish Back, Neck & Shoulder Aroma Massage | | | |
| Hydro Gift | 90 min. | Per Person Per Couple | R700 R1350 |

SIGNATURE JOURNEY

Includes Rest period & First Session Hydro Pool entrance.

| | | | |
|---------------------------------------|----------|--------------------------|----------------|
| Sauna | | | |
| Body Therapy | | | |
| o Detox Aroma Tub & Detox Body Cocoon | | | |
| | | OR | |
| o Vitality Tub & Relaxing Body Cocoon | | | |
| Full Body & Scalp Aroma Massage | | | |
| o Swedish Massage | | | |
| | | OR | |
| o Lomi Lomi Massage | | | |
| | | OR | |
| o Hot Stone Massage | | | |
| Hydro Gift | 180 min. | Per Person Per Couple | R1800 R3550 |

ONE DAY SPA PROGRAM

Start at 9H00 with a planning session to customize your program to meet your unique needs. Welcome beverage, muffin & Lunch included. Also includes Body Buffing, Rest Period & First Session Hydro Pool Entrance.

| | | | |
|---------------------------------|-----------------|--------------------------|----------------|
| Sauna | | | |
| Prescribed Mineral Tub | | | |
| Prescribed Body Therapy | | | |
| Full Body & Scalp Aroma Massage | | | |
| o Swedish Massage | | | |
| | | OR | |
| o Lomi Lomi Massage | | | |
| | | OR | |
| o Hot Stone Massage | | | |
| Beauty Treatment | | | |
| o Manicure | | | |
| | | OR | |
| o Pedicure | | | |
| | | OR | |
| o Classic Facial | | | |
| Hydro Gift | approx. 6 hours | Per Person Per Couple | R2100 R4100 |
| Add a Manicure OR Pedicure | | | R330 (each) |

HYDRO POOL SESSION

Session 1 • 08:00 – 16:00 | Session 2 • 17:00 – 21:00

BOOKING POLICY

- No bookings will be taken without immediate payment.
- Please arrive 15 minutes prior to your appointment time so that you do not lose any of your precious treatment time.
- Persons who arrive late may still be accommodated with the condition that the scheduled treatment time may not be exceeded and the full fee remains.
- Swimwear compulsory for all Couples treatments.
- Should you have any physical or medical condition/s of a serious nature, we kindly advise you to inform your therapist prior to your treatment.
- To assist us in making your experience unforgettable, please feel free to ask questions and tell us if we need to adjust the water temperature of your tubs or the pressure of your massage. Please let us know if you experience any discomfort.
- We recommend that you relax 15 to 30 minutes in our rest area after you have had a tub or body wrap, inform the therapist if you would like to rest after your massage or beauty treatment.
- Gowns are only available for wet treatments.
- Prices, times and other details subject to change without notice. Terms and Conditions apply.

CANCELLATION POLICY

- Should you wish to cancel or change an appointment, please contact The Hydro directly.
- We require a minimum of 3-hour notice to change or cancel an appointment.
- No-shows will ensure a 100% cancellation fee.

SPA TREATMENT BOOKINGS

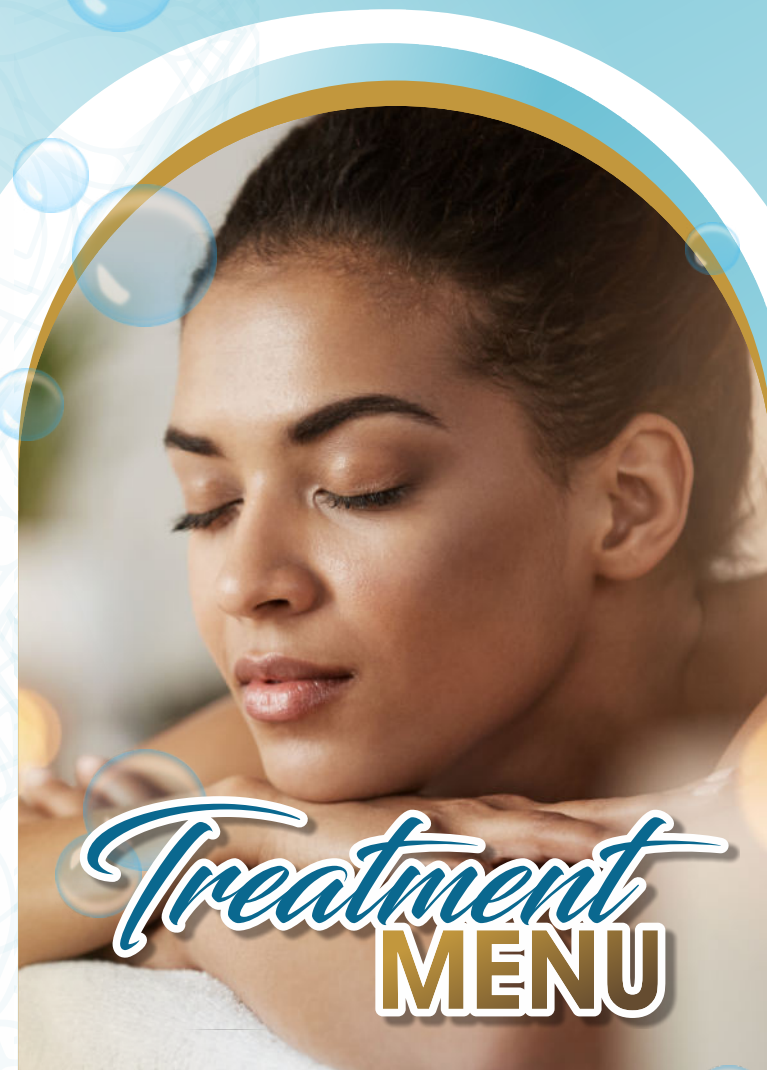
TEL: 014 736 8500

DIRECT LINE: 014 736 8530 (08:00 - 16:00)



Warmbaths

A FOREVER RESORT ★★★



Treatment
MENU

MASSAGE THERAPY

Full Body massage includes arms, legs, back, neck & shoulders.
Back massage includes the back, neck & shoulders.

Massage excludes the stomach and buttocks.

All couples massages include a scalp massage.
Massage times include undressing and dressing time.

| | | | |
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| ♥ Swedish Massage | Standard massage | | |
| Full Body | 60 min. | Per Person Per Couple | R585 R1220 |
| Back | 30 min. | Per Person Per Couple | R375 R800 |
| Lomi Lomi Massage | Firm massage | | |
| | OR | | |
| Hot Stone Therapy | Warm Basalt stone massage | | |
| Full Body | 60 min. | Per Person Per Couple | R675 R1400 |
| Back | 30 min. | Per Person Per Couple | R475 R1000 |
| Signature Fusion Massage | Massage combo to suit your individual needs. Includes Aroma & Scalp Massage Enhancers | | |
| Full Body | 90 min. | Per Person Per Couple | R1050 R2100 |
| Back | 45 min. | Per Person Per Couple | R725 R1450 |
| ♥ Sole Soother Massage | Foot Scrub and Massage | | |
| | 45 min. | Per Person | R400 |
| ♥ Head, Neck & Shoulder Massage | | | |
| | 30 min. | Per Person | R310 |

MASSAGE ENHANCERS

A Massage ADD-ON to enhance therapeutic benefit.
No time extension to treatment.

| | | |
|------------------------|------------------------------|-------------|
| Aroma | Full Body | R180 |
| | Back | R105 |
| ♥ Scalp Massage | 5 min. incl. in massage time | R75 |

♥ BODY THERAPY

| | | |
|--|---------|-------------|
| Body Cocoon | 30 min. | R650 |
| Body wrap followed by a shower and body lotion application | | |
| Body Glow | 30 min. | R400 |
| Exfoliating body scrub followed by a mineral tub | | |
| Leg Therapy | 45 min. | R250 |
| Half leg scrub, wrap and massage | | |

MINERAL TUBS

Bubble-Jet bath filled with mineral water.
Swimwear is compulsory for all couples tubs.

| | | | |
|----------------------|---------|--------------------------|---------------------------|
| ♥ Mineral Tub | 20 min. | Per Person Per Couple | R90 R160 |
|----------------------|---------|--------------------------|---------------------------|

TUB ENHANCERS

| | | |
|--|---|-------------|
| ♥ Herbal | Select the herb that suits your personal needs. | R45 |
| ♥ Vitality Aroma | Aromatherapy oils ideal for persons in need of a boost. | R130 |
| Detox Aroma Oils and Thermal Wrap | Not for persons suffering from heart conditions & high blood pressure. 30 minutes extra for thermal wrap. | R180 |

Not For Couples

INFRA-RED SAUNA

Not for pregnant ladies and persons suffering from heart problems and high blood pressure

| | | |
|--|---------|------------|
| | 15 min. | R90 |
|--|---------|------------|

♥ FACIALS

| | | |
|--|---------|-------------|
| Couples facial include a scalp massage | | |
| Classic Honey Bush Facial | 60 min. | R440 |
| (Revive dull and dehydrated skin) | | |
| Lipid Rich Facial | 60 min. | R410 |
| (Ultra hydrating facial- restores dermal hydration) | | |
| Vita Gel Facial | 60 min. | R400 |
| (Increase collagen and elastin – tighter and firmer) | | |
| Dermal Detox Facial | 60 min. | R550 |
| (Reduce toxin build up in congested skin) | | |

♥ FACIAL ENHANCERS

| | | |
|---|--|-------------|
| Additional to facial price. No time extension | | |
| Hand OR Foot Massage | | R75 |
| Lash OR Brow Tint | | R80 |
| Lash & Brow Tint | | R140 |
| Henna Brow Tint | | R190 |

HAIR REMOVAL

| | | |
|------------------------|---------|-------------|
| Lip or chin wax | 15 min. | R110 |
| Under arm wax | 30 min. | R170 |
| Half Leg Wax | 30 min. | R280 |

♥ Treatments suitable for healthy pregnant ladies.

♥ HANDS & FEET

We do not offer artificial nails or the removal of artificial nails.

| | | |
|------------------------------|---------|-------------|
| Manicure | 60 min. | R350 |
| Pedicure | 60 min. | R370 |
| File & Paint ONLY | | R160 |
| *ADD Paraffin Dip | | R110 |

KIDZ SPA

Kidz Spa available for children ages 4 - 12

| | | |
|-----------------------------|--------------|-------------|
| Back Massage | 20 min. | R280 |
| Mini Facial | 20 - 30 min. | R230 |
| Hand or Foot Massage | 15 min. | R80 |
| File & Paint | 15 - 30 min. | R135 |
| Mini Mani | 20 - 30 min. | R175 |
| Mini Pedi | 20 - 30 min. | R180 |
| *ADD Paraffin Dip | | R95 |

CHILLED KIDZ ADVENTURE

Kidz Spa available for children ages 4 - 12

| | | |
|---|--------------|-------------|
| Back, Neck, Shoulder & Scalp Massage | | |
| Hand & Foot Massage | | |
| Hydro Gift | | |
| Slushy | 45 - 60 min. | R550 |

SPARKLING KIDZ ADVENTURE

Kidz Spa available for children ages 4 - 12

| | | |
|--|--------------|-------------|
| Mini Facial | | |
| File & Paint for the Hands & Feet | | |
| Hydro Gift | | |
| Slushy | 45 - 60 min. | R580 |

TREAT YOUR BODY, FEED YOUR SOUL!